

## Contraindications

- BMI equal to or less than 29.9
- Age less than 18 years
- Active cancer, cancer treatment, Metastasis
- Bone fractures
- Diabetes mellitus type 1 (Juvenile)
- Untreated endocrine cause of obesity
- Active peptic ulcer disease, active gastric or duodenal ulcers
- Active inflammatory bowel disease-
- Liver disease requiring protein restriction
- Renal insufficiency (creatinine clearance 2 ml/min or greater)
- Mental disability
- Mental illness (evaluated on a case by case basis – clearance may be required )
- History of Heart Attack or Stroke (evaluated on a case by case basis)
- Pregnancy
- Surgery or trauma requiring a length of time for healing
- Recent hospitalization (evaluated on a case by case basis)
- Allergy/ sensitivity to aspartame (NutraSweet), milk protein, soy, nuts(peanuts, tree nuts), food dye (Yellow # 5, #6 and Red #40) Evaluated on a case by case basis
- Corticosteroid therapy
- Lithium treatment
- Treatment with phenothiazines tranquilizers, eg. Haldol or Thorazine
- Prolonged QT interval
- History of substance abuse ( evaluated on a case by case basis)
- Gallstones